

BUILDING SELF CONFIDENCE AT WORK : WEBINAR



Tuesday, October 22 , 2024
10:00 a.m. - 11:30 a.m.

This free webinar will cover the following topics:

- How to increase self-confidence
- Affirmations for self-confidence
- How the way we feel about ourselves affects our job search
- Emotional well-being and mental health



Register by email:
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